



		Monday	Tuesday	Wednesday	Thursday	Friday																				
		03/09	04/09	05/09	06/09	07/09																				
L u n c h	Sides	Cucumber and Grated Carrots	Asian Slaw	Broccoli	Tomato and Basil	Peas																				
	HOT	Rice	Noodles	Roast Potatoes	Garlic Bread	Potato Wedges																				
		D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V
		Thai Chicken Curry	Beef in Black Bean Sauce	Roast Chicken	Penne Bolognese (Beef)	Breaded Cod																				
D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V		
M e n u	Vegetarian	Thai Vegetable Curry	Stuffed Pepper	Mushroom Wellington	Vegetable Booster	Veggie burger																				
	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	
D e s s e r t	Brownies	Fruit platter	Fruit Sponge	Jelly	Apple Crumble																					
	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	



For any questions, suggestions, or complains, please contact the chef:

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 www.jplcatering.co.uk



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If you have any food allergy, please speak with a member of the catering team. Thank you!

D = DAIRY FREE | E = EGG FREE | G = GLUTEN FREE | H = HALAL | V = VEGETARIAN
ALL THE FOOD IS NUT FREE AND THE KITCHENS ARE A NUT FREE ENVIRONMENT



		Monday	Tuesday	Wednesday	Thursday	Friday																				
		10/09	11/09	12/09	13/09	14/09																				
L U N C H	Sides	Coleslaw	Broccoli	Cucumber sticks	Mixed Leaf Salad	Peas/Lemon																				
	HOT	Basmati Rice	Mashed Potato	Sauté Potatoes	Garlic Bread	Spicy Wedges																				
		D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V
		Chicken Madras	Chicken and Beef Sausages	Cajun Chicken	Mac N Cheese with Broccolis	Breaded Fish																				
D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V		
M E N U	Vegetarian	Yellow Split Pea and Sweet Potato	Rosemary and Red Onions Sausages	Stuffed Peppers	N/A	Halloumi Portobello Mushroom																				
		D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V
	Dessert	Chocolate Cake	Carrot Cake	Fruit platter	Vanilla Sponge and Custard	Jelly with fruit																				
D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V		



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		Monday	Tuesday	Wednesday	Thursday	Friday	
		17/09	18/09	19/09	20/09	21/09	
L u n c h	Sides	Cucumber	Peas	Shredded Cabbage	Tomato and basil	Chef's Salad	
	HOT	Spicy Rice	Carrots	Noodles	Penne Pasta		
		D E G H V		D E G H V		D E G H V	
		Beef Chilli Con Carne	Cottage Pie	Chicken Stir Fry	Bolognese	Lamb Jollof Rice	
	D E G H V		D E G H V		D E G H V		
M e n u	Vegetarian	Veggie Chilli Con Carne	Leek and Potato Pie	Mushroom Stroganoff	Tomato and Basil Sauce	Veggie pasty	
	D E G H V		D E G H V		D E G H V		
	D E G H V		D E G H V		D E G H V		
D e s s e r t	Brownies	Jelly	Tiramisu	Fruit Platter	Peach Crumble		
	D E G H V		D E G H V		D E G H V		



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		Monday	Tuesday	Wednesday	Thursday	Friday																				
		24/09	25/09	26/09	27/09	28/09																				
L u n c h	Sides	Sweet Corn	Tomato and Red Onion Salad	Mixed Salad	Baguette	Mixed Leaves																				
	HOT	Couscous	Carrot Rice	Potato Salad	Spaghetti	Potato Wedges																				
		D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V
		Moroccan Chicken Tagine	Lamb Madras	Gourmet Pizza	Beef Ragu	Beef Burger																				
D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V		
M e n u	Vegetarian	Vegetarian Pie	Aubergine and Courgette Dhal	N/A	Veggie Booster	Vegetarian Burger																				
	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	
	Dessert	Chocolate Cake	Fruit platter	Eton mess	Jelly	Yogurt with Fruit																				
D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V		



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