



		Monday	Tuesday	Wednesday	Thursday	Friday
		01/10	02/10	03/10	04/10	05/10
L u n c h	Sides	Cucumber and Grated Carrots	Carrots / Broccoli	Broccoli	Tomato and Basil	Peas
	HOT	Lemon Rice	Puff pastry	Roast Potatoes	Olive Bread	Cajun Potato Wedges
		D E G H V	D E G H V	D E G H V	D E G H V	D E G H V
		Chicken Rogan Josh	Beef Bourguignon	Roast Chicken	Beef Lasagne	Breaded Cod
D E G H V	D E G H V	D E G H V	D E G H V	D E G H V		
M e n u	Vegetarian	Aubergine and Courgette Dhal	Stuffed Pepper	Mushroom Wellington	Vegetarian Lasagne	Veggie burger
	D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	
	Dessert	Chocolate cake	Fruit platter	Cinnamon and Apple Cake	Orange Jelly	Fruit Crumble
D E G H V	D E G H V	D E G H V	D E G H V	D E G H V		



For any questions, suggestions, or complains, please contact the chef:

junior@jplcatering.co.uk
 ☎ 07966380868
 www.jplcatering.co.uk



Please note this menu is subject to changes due to unforeseen circumstances.

If you have any food allergy, please speak with a member of the catering team. Thank you!

D = DAIRY FREE | E = EGG FREE | G = GLUTEN FREE | H = HALAL | V = VEGETARIAN
ALL THE FOOD IS NUT FREE AND THE KITCHENS ARE A NUT FREE ENVIRONMENT



		Monday	Tuesday	Wednesday	Thursday	Friday																				
		08/10	09/10	10/10	11/10	12/10																				
L u n c h	Sides	Coleslaw	Peas	Cucumber sticks	Mixed Salad	Chef's Salad																				
	HOT	Sauté Potatoes		Spicy Rice	Garlic Bread																					
		D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V
		Piri Piri Chicken	Shepherd's Pie	Chicken Fajitas	Mac N Cheese with Broccolis	Chicken Jollof Rice																				
D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V		
M e n u	Vegetarian	Vegetarian Quorn Chilli Con Carne	Leek and Potato Pie	Mushroom and Halloumi Fajitas	N/A	Veggie pasty																				
	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	
D e s s e r t	Chocolate Cake	Apple Crumble	Fruit platter	Marble Cake and Custard	Jelly with fruit																					
	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	



For any questions, suggestions, or complains, please contact the chef:

junior@jplcatering.co.uk
 ☎ 07966380868
 www.jplcatering.co.uk



Please note this menu is subject to changes due to unforeseen circumstances.

If you have any food allergy, please speak with a member of the catering team. Thank you!

D = DAIRY FREE | E = EGG FREE | G = GLUTEN FREE | H = HALAL | V = VEGETARIAN
ALL THE FOOD IS NUT FREE AND THE KITCHENS ARE A NUT FREE ENVIRONMENT



		Monday	Tuesday	Wednesday	Thursday	Friday																				
		15/10	16/10	17/10	18/10	19/10																				
L u n c h	Sides	Cucumber	Broccoli	Asian Coleslaw	Tomato and basil	Peas																				
	HOT	Rice	Mashed Potato	Egg Noodles	Spaghetti	Potato Wedges																				
		D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V
		Chicken Madras	Beef Sausages	Chicken Stir Fry	Bolognese	Breaded Fish																				
D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V		
M e n u	Vegetarian	Sweet Potato Curry	Red onion and Rosemary Sausages	Vegetable Stir Fry	Tomato and Basil Sauce	Veggie Pasty																				
	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	
D e s s e r t	Brownies	Jelly	Strawberry Jam and Coconut Cake	Fruit Platter	Rice Pudding																					
	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	D	E	G	H	V	



For any questions, suggestions, or complains, please contact the chef:

junior@jplcatering.co.uk
 ☎ 07966380868
 www.jplcatering.co.uk



Please note this menu is subject to changes due to unforeseen circumstances.

If you have any food allergy, please speak with a member of the catering team. Thank you!

D = DAIRY FREE | E = EGG FREE | G = GLUTEN FREE | H = HALAL | V = VEGETARIAN
ALL THE FOOD IS NUT FREE AND THE KITCHENS ARE A NUT FREE ENVIRONMENT



		Monday	Tuesday	Wednesday	Thursday	Friday
		29/10	30/10	31/10	01/11	02/11
L u n c h	Sides	Sweet Corn	Minted Peas	Mixed Salad	Mixed Salad	Iceberg Lettuce
	HOT	Carrot Rice	Roasted Carrots	Potato Salad	Tomato bread	Oven Chips
		D E G H V	D E G H V	D E G H V	D E G H V	D E G H V
		Chicken Korma	Beef Hotpot	Gourmet Pizza	Cheesy Chicken Pasta Bake	Beef Burgers
	D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	
M e n u	Vegetarian	Courgette Dhal	Vegetable Hotpot	N/A	Veggie Booster	Vegetarian Burgers
	D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	
	Dessert	Chocolate Cake	Fruit platter	Carrot Cake	Strawberry Jelly	Banana Cake
D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	D E G H V	



For any questions, suggestions, or complains, please contact the chef:

junior@jplcatering.co.uk
 07966380868
 www.jplcatering.co.uk



Please note this menu is subject to changes due to unforeseen circumstances.

If you have any food allergy, please speak with a member of the catering team. Thank you!

D = DAIRY FREE | E = EGG FREE | G = GLUTEN FREE | H = HALAL | V = VEGETARIAN
ALL THE FOOD IS NUT FREE AND THE KITCHENS ARE A NUT FREE ENVIRONMENT