

## Cycles 1 - 3: Human Lifespan Development

Core knowledge:

- Human growth and development through the life stages
- Factors affecting human growth and development
- Effects of ageing

Assessment: The unit will be assessed through one examination of 90 marks lasting 1 hour and 30 minutes.

Curriculum sequence: This content will serve as an introduction to health and social care needs and so sits at the heart of the qualification

## Cycles 1-3: Working in Health and Social Care

Core knowledge:

- The roles and responsibilities of people who work in the health and social care sector
- The roles of organisations in the health and social care sector
- Working with people with specific needs in the health and social care sector

Assessment: This unit will be assessed through one examination of 80 marks lasting 1 hour and 30 minutes.

Curriculum sequence: This unit will help students understand what it is like to work in the health and social care sector providing foundational knowledge for all other units

## Cycles 1 - 3: Anatomy and Physiology for Health and Social Care

Core knowledge:

- The structure and organisation of the human body
- The structure, function and disorders of body systems
- Medical research

Assessment: The unit will be assessed through one examination of 90 marks lasting 1 hour and 30 minutes.

Curriculum sequence: A clear understanding of anatomy and physiology is essential for most health care professions and this unit lays the groundwork for all further units

## Cycle 1: Principles of Safe Practice

Core knowledge:

- How a duty of care contributes to safe practice in health and social care settings
- How to recognise and respond to concerns about abuse and neglect in health and social care settings
- The influence of health and safety legislation and policies in health and social care settings
- The procedures and responsibilities to maintain health and safety in health and social care settings

Assessment: The unit will be assessed through two coursework assignments

Curriculum sequence: This unit provides essential knowledge and understanding and forms a good basis for aspects of higher education study in health and social work courses and nursing qualifications. It will also prepare you students for work in the health and social work sector in a variety of roles.

## Cycle 2: Assessing Children's Development Support Needs

Core knowledge:

- The patterns, principles and theories of growth and development in childhood
- Factors that may impact on children's growth and development
- How assessment is used to identify children's stages of growth and development and their support needs

Assessment: The unit will be assessed through two coursework assignments

Curriculum sequence: This unit builds on the knowledge gained from 'Human Lifespan Development' and helps students to progress to degrees in the sector such as nursing and social work. It will be useful for learners intending to pursue a career in children's social care or health care such as in fostering services, residential care, child assessment centres and as health visitors or paediatric nurses.

## Cycle 3: Nutritional Health

Core knowledge:

- Concepts of nutritional health and characteristics of essential nutrients
- Factors affecting dietary intake and nutritional health
- Nutritional plans to improve individual nutritional health

Assessment: The unit will be assessed through two coursework assignments

Curriculum sequence: This unit builds on the knowledge gained from 'Anatomy and Physiology' will prepare students for a variety of careers in the health and social care sector, such as dietitians, nutrition consultants and nutrition educators. This unit will form a good basis for aspects of higher education study in social work courses and nursing qualifications.

## Cycle 3: Meeting Individual Care and Support Needs

Core knowledge:

- The principles, values and skills which underpin meeting the care and support needs of individuals
- Ethical issues involved when providing care and support to meet individual needs
- The principles behind enabling individuals with and support needs to overcome challenges
- The roles of professionals and how they work together to provide the care and support necessary to meet individual needs

Assessment: The unit will be assessed through two coursework assignments

Curriculum sequence: This unit builds on the knowledge gained from 'Working in Health and Social Care' and will be particularly useful for learners intending to pursue a career in social care or healthcare, for instance as a social worker or health visitors, practice nurse or occupational therapist. The unit will also be invaluable if you wish to progress to higher education, to degrees in areas such as health and social care management, social work and nursing.

### Cycles 1 - 3: Enquiries into Current Health and Social Care Research

#### Core knowledge:

- Types of issues where research is carried out in the health and social care sector
- Research methods in health and social care
- Reviewing secondary research into a contemporary health and social care issue

Assessment: This unit is assessed under supervised conditions. Part A is released four weeks before Part B is scheduled for learners to carry out research. Learners will compile notes on their secondary research in monitored sessions of six hours. Part B is a supervised assessment of three hours.

Curriculum sequence: To complete the assessment task for within this unit, pupils will need to draw on their learning from across their programme in Year 12. Effective research skills will help learners to progress to employment in the health and social care sector and to a variety of higher education programmes, where research often forms part of the programme

### Cycles 1 - 3: Work Experience

#### Core knowledge:

- The benefits of work experience in health care for learning development
- Developing a work experience plan to support learning development
- Carrying out work experience tasks to meet set objectives
- Reflecting on how work experience influences professional development

Assessment: Pupils will carry out and reflect on a period of work experience, and plan for personal and professional development

Curriculum sequence: To complete the assessment task for within this unit, pupils will need to draw on their learning from across their programme in Year 12. The work experience placement will prepare learners for further study in a variety of higher education programmes. It is often a requirement for progression to higher education, and is a component of degree courses in the sector such as social work or nursing.

## Cycle 1 - Psychological Perspectives

Core knowledge:

- How psychological perspectives contribute to the understanding of human development and behaviour
- The contribution of psychological perspectives to the management and treatment of service users' specific behaviours
- How psychological perspectives are applied in health and social care settings

Assessment: The unit will be assessed through one coursework assignment and a formal presentation.

Curriculum sequence: To complete the assessment task for this unit, pupils will need to draw on their learning from 'Human Lifespan Development' and 'Assessing Children's Development and Support Needs'. Psychological perspectives helps learners gain the skills necessary for progression to higher education in many subject areas including psychology, health and social care, nursing and medical practice.

## Cycle 1 - Physiological Disorders and their Needs

Core knowledge:

- The causes and effects of physiological disorders
- Investigations and diagnosis of physiological disorders
- Treatment and support for service users with physiological disorders
- Treatment plans for service users with physiological disorders

Assessment: The unit will be assessed through two coursework assignments.

Curriculum sequence: To complete the assessment task for this unit, pupils will need to draw on their learning from 'Working in Health and Social Care' and 'Anatomy and Physiology'. This unit forms a good basis for higher education study in health and social work courses and nursing qualifications. The information and activities will also help to prepare learners for a variety of careers within the health and social care sector.

### Cycle 2 - Promoting Public Health

Core knowledge:

- Strategies for developing public health policy
- Factors affecting health and the impact of addressing these factors to improve public health
- How health is promoted to improve the health of the population
- How health promotion encourages individuals to change their behaviour in relation to their own health

Assessment: The unit will be assessed through two coursework assignments

Curriculum sequence: To complete the assessment task for this unit, pupils will need to draw on their learning from across the programme in Year 12. Promoting Public Health will prepare learners for progression to higher education, to health-related degrees in areas such as nursing or occupational therapy, or to social work degrees.

### Cycle 2- Sociological Perspectives

Core knowledge:

- How sociological concepts and perspectives are applied to the study of health and social care
- How sociological approaches support understanding of models and concepts of health
- How social inequalities, demographic change and patterns and trends affect health and social care delivery

Assessment: The unit will be assessed through two coursework assignments

Curriculum sequence: To complete the assessment task for this unit, pupils will need to draw on their learning from across the programme in Year 12. Sociological perspectives will help learners gain the skills necessary for progression to higher education in many subject areas, including social work, health and social care and nursing.